

Who may Apply?

Eligibility for CSFP is based on age and income. If you are at least 60 years old and meet or fall below the following income guidelines, you are eligible for this program.

Family Size	Annual	Monthly
1	\$15,782	\$1,316
2	\$21,398	\$1,784
3	\$27,014	\$2,252

Where can I get it?

Share partners with dozens of agencies in Montgomery County. Call to find out how you can register and where your closest participating agency is.

Montco Hunger Solutions

Senior Farmers Market Vouchers

The Emergency Food Assistance Program

State Food Purchase Program

Each Month, You'll Receive:

4 Vegetables (Green Beans, Corn, etc.)

2 Fruits (Mixed Fruit, Applesauce, etc.)

2 Juices (Grape, Apple, Orange, etc.)

1 Protein (Chicken, Beef, Tuna, etc.)

2 Cereals (Corn Flakes, Wheat, Chex, etc.)

1 Protein alternate (Peanut Butter or Beans)

Milk Product (Shelf-stable fluid or Instant)

Carbohydrate (2 lb Pasta or Rice)

2lb Cheese (Low Fat American)



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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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